



Building Dreams - Shaping Lives



Spring Time
YOUTH BUILD 2012

DON BOSCO INSTITUTE

KHARGHULI, GUWAHATI - 781 004

TEL : 0361-2608454/55 ■ FAX: 0361-2631668 ■ info@dbi.org.in ■ www.dbi.org.in



Special Package Come and Learn

DBI offers SPRING TIME YOUTH BUILD for your students to equip them with life skills

Dates	
Batch 1	▶ 20 - 31st January, 2012
Batch 2	▶ 3 - 13th Feb, 2012
Batch 3	▶ 17 - 27th Feb, 2012
Batch 4	▶ 2 - 12th March, 2012
Batch 5	▶ 16 - 26th March, 2012

Target Group : Class IX & X students

Duration : 10 days

Course Fee : Rs.1000 per student (inclusive of food, accommodation & resource materials)

Highlights

- ✓ Personality Development
- ✓ Getting to know self and others
- ✓ Discover your hidden potentials
- ✓ Attitudes
- ✓ Goal setting
- ✓ Confidence building
- ✓ Motivational skills
- ✓ Leadership dynamics
- ✓ Group dynamics
- ✓ Knowing your friends and peers
- ✓ Mental and emotional growth
- ✓ Grooming
- ✓ Adolescent health
- ✓ Health care and herbal medicine
- ✓ Communication skills
- ✓ Spoken English
- ✓ Study habits and time management
- ✓ Reporting and narrating skills
- ✓ Media education
- ✓ Career guidance
- ✓ Career guidance test
- ✓ Unhealthy addictions
- ✓ Peace and harmony



Special Attractions

- ◆ Computer skills
- ◆ Aerobics in the morning
- ◆ Nature Meditation
- ◆ Adventure Trek
- ◆ Cultural Evenings
- ◆ Guwahati Darshan



*For further information
please contact:*

Programme Coordinator
09957566569, 09085316135