

Building Dreams - Shaping Lives

YOUTH DEVELOPMENT PROGRAMME 2012
Chart your way to success



DON BOSCO INSTITUTE

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ABOUT US

Don Bosco Institute draws its inspiration from Don Bosco, the 19th century Educator Saint and founder of the Salesians of Don Bosco.

DBI is a project of the Salesians of Don Bosco, pioneers in Education, Cultural Heritage and Human Resource Development in North East India, since 1922.

DBI is designed, built and managed by Don Bosco Youth and Educational Services, the nodal agency for Youth and Education Ministries of the Salesians of Don Bosco, Province of Guwahati.

YOUTH WE CARE

Youth Care programme form an integral part of the activities of DBI. It aims at providing excellent opportunities for growth and development of young people and meeting their needs.

This programme is designed to equip the young people with strategies not only to get them to the edge but to keep them on the edge.

There would be two types of programmes

1. Residential Programme:

- A package of two days with a day of outing (Guwahati Darshan)
- A package of three days – two days of animation with a day of outing

2. Non – Residential Programme

From 09.00 am to 04.00 pm for one day or two days



“FLOWERS OF TOMORROWS ARE THE SEEDS OF TODAY”



we offer

This fun filled exciting training programme would help the young to improve their personality, discern their future career, build positive attitude, confidence, courage, leadership & ability to express themselves so that they can follow and actualize their dreams.

PERSONALITY DEVELOPMENT

- Dimensions of personality
- Tips to improve personality
- Self – esteem, self concept

GOAL SETTING

- Mapping & planning your goal
- Realise & find your goal
- Tools to achieve your goal

ATTITUDE DEVELOPMENT

- Win positive attitudes
- How negative attitudes can ruin your live
- How right attitudes can give you confidence

CONFIDENCE DEVELOPMENT

- How to stop being nervous
- How confidence affects your life
- Coping with shyness and fear

INTERVIEW SKILLS

- How to find & get the job your want
- Learn the secrets of interview skills
- Learn to impress your interviewer instantly



CAREER GUIDANCE

- Match your personality with your career
- Career awareness, exploration and planning
- Career guidance and counselling test

LEADERSHIP

- How to become a leader in your chosen field
- Find the leader in you
- Qualities of a good leader

COMMUNICATION SKILLS

- How to be an effective communicator
- Communication skills
- Barriers to effective communication

COPING WITH ADOLESCENT LIFE

- Physical and psychological development
- Peer pressure
- Habits

GROUP DISCUSSION

- How to be confident in the group discussion
- Effective team work

TIME MANAGEMENT

- How to make good use of your time
- Time management, success & failure

“Your day is as good as you make it”

Come and enjoy your stay at DBI “A Lighthouse by the Brahmaputra” where nature blends with beauty, where the fresh air keeps you healthy and the silent Ramsai Hills creates in you a positive mind and heart to face the challenges and stiff competition of the world. It is only 4km from Guwahati Railway station and 26km from Airport; can be reached by taxis, auto rickshaws and trekkers.

“Enthusiasm is the fuel of life; it helps you to get where you're going”

*For further information please contact
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